



BDCC

Barking and Dagenham
Chamber of Commerce



EAST LONDON EXPO

SHOWGUIDE

Business to Business Exhibition

Wednesday 12 October 2011

Sponsored by...



John F. Hunt Group



Open for Business – if you don't believe us, speak to one of our 3,000 Relationship Managers or call our Business Hotline

Whether you're looking for general credit guidance or the most appropriate funding option for your business, we're lending over £80 million to businesses every day, and can work with you to help find the right solution for your needs. In addition our Business Hotline offers all creditworthy UK businesses access to a dedicated team of business banking professionals, who can discuss your individual situation, and will even provide guidance about whether you can challenge or review an existing lending decision from RBS or any other bank.

Call the RBS Business Hotline on:
0800 092 3087
Typetalk: **18001 0800 0732 256**

or email us at businesshotline@rbs.co.uk

RBS Business Hotline is available Monday to Friday from 8am to 6pm (calls may be recorded).

Figures relate to RBS Group.

Business customers up to a turnover of £25m.



Security may be required. Product fees may apply. Over 18s only.

ANY PROPERTY USED AS SECURITY, WHICH MAY INCLUDE YOUR HOME, MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON A MORTGAGE OR OTHER DEBT SECURED ON IT

Seminar Programme

- 10.30 am John Sealey, "The Courageous Marketeer", Your Marketing Matters, **Recession Proof YOUR Sales & Marketing**
- 11.30 am Alastair Banks, Optix Solutions, **Tips and Tricks for Maximising your Online Presence in 2012**
- 12.30 pm Patrick Forsyth, **Persuasive Presentations**
- 1.30 pm Albert Peters, Pegasus Personnel, **The Coalition Governments' views on Employment, including updates on Law & Regulation**
- 2.30 pm A panel of Experts, Raising Business Finance (forum)
- 3.30 pm Mike Southon & Chris West, "The Beermat Entrepreneurs", A special presentation about The Beatles. **All you need is...What Every Entrepreneur and Small Business can Learn from the Greatest Creative Team in History**

NB Entry to each seminar will be on a first come, first served basis at the door and limited to 75 attendees.

Business Card Draw Programme

- 12.00 noon Draw for a bottle of wine
- 2.00 pm Draw for bottle of wine
- 4.00 pm Draw for a bottle of wine
- 6.00 - 8.00pm Networking Evening grand prize draw

NB Please enter by leaving a business card at the arrival and reception desk. Cards will roll forward to the next draw, with the grand prize draw during the Networking Evening.

Networking Evening

6.00 – 8.00pm Please do join us for more Networking opportunities. Please leave your details at the arrival and reception desk.

Winning Business in East London

- 11.00 am Introduction, East London Business Place
- 11.15 am Nikki Bartlett, Zest Learning, **Finding Your Inner Drive**
- 12.00 noon Mark Bass, sanofi, **Site opportunities**
- 12.45 pm Trevor Billington & Memet Erdemgil, Elevate East London LLP
- 1.30 pm Steve Drury, Roof Limited
- 2.15 pm Kevin Ma, London Business Network, **London 2012 'Business' Olympics**
- 3.00 pm Paolo Nistri & Michelle May, OPLC
- 3.45 pm John Scowen, London Borough of Havering, **Procurement with the Local Authority**
- 4.30 pm Panel Discussion with David Hall, Procurement Consultant – **What are the Barriers to Winning Business in East London?**
- 5.00 pm Prize Draw

NB Entry to each presentation is limited to 60 attendees on a first come first served basis. Please put your business card in for the FREE Prize Draw, stand no. 23, located just before you enter the Winning Business in East London Presentations marquee.

Stand No. Exhibitor Business & Description

- 61 Anglia Business Resources Ltd**
36 High Street, Great Baddow, Essex CM2 7HQ
Tel: 07515 911 911 E-mail: jamie@abr-ltd.com
Website: www.abr-ltd.com
Contact Name: Jamie Banks
Business Sector: Business Support
Business Description: Business Support and Mentoring. Finance, Marketing, Operations & HR advice. Action to help you grow your business brings results!
- 26 Athena Training**
Suite 3, 13 Sheppey Gardens, Dagenham, Essex RM9 4LD
Tel: 020 8596 9768 E-mail: mdwear@athenatraining.uk.net
Website: www.athenatraininguk.net
Contact Name: Michael Wear
Business Sector: Training Provider
Business Description: Award winning training provider in First Aid, Care and Statutory Training. Guaranteed savings with student satisfaction or money back offer.
- 48 Auditel**
77 Rushden Gardens, Ilford, Essex IG5 0BW
Tel: 020 8550 6461 E-mail: marvin.angel@auditel.co.uk
Website: www.auditel.co.uk
Contact Name: Marvin Angel
Business Sector: Cost & Management Consultants
Business Description: The UK's leading specialist cost and purchase management consultancy.
- 60 Barking & Dagenham Chamber of Commerce**
Roycraft House, 15 Linton Road, Barking, Essex IG11 8HE
Tel: 020 8591 6966 E-mail: mary@bdchamber.co.uk
Website: www.bdchamber.co.uk
Contact Name: Mary Clements
Business Sector: Business Support, Networking, Promotion, Business Policy & Advice
Business Description: Promoting the furtherance of trading and helping YOUR businesses SUCCEED through a broad range of practical business benefits.

- 63 Barking Rugby Football Club**
Gale Street, Dagenham, Essex RM9 4TX
Tel: 07724 841 722 E-mail: johnbell@btinternet.com
Contact Name: John Bell
Business Sector: Business in Sport
Business Description: Barking Rugby Club provide exciting opportunities for businesses via our ever growing database of business contacts, members and supporters.
- 69 Big Yellow Self Storage Company Ltd**
Unit A2, Eastern Approach Business Park,
25 Alfreds Way, Dagenham IG11 0AG
Tel: 020 8507 0770 E-mail: dagenham@bigyellow.co.uk
Website: www.bigyellow.co.uk
Contact Name: Samantha Ramsey
Business Sector: Self Storage
Business Description: We can help your business grow. Flexible business storage space with a network of 74 stores across the UK.
- 2 Birkett Long Solicitors**
Essex House, 42 Crouch Street, Colchester, Essex CO3 3HH
Tel: 01206 217 300 E-mail: ashlee.campbell@birkettlong.co.uk
Website: www.birkettlong.co.uk
Contact Name: Ashlee Campbell
Business Sector: Full Service Law Firm
Business Description: Birkett Long is one of the biggest full service firms with 3 offices in Essex, advising businesses and individuals.
- 6 Boleyn Transport Ltd**
Boleyn Commercial Park, 77 River Road, Barking, Essex IG11 0DS
Tel: 020 8594 2477/0772 or 0800 824 7667
E-mail: stephens@boleynrecovery.com
Website: www.boleynrecovery.com / www.hgvmt.com /
www.motbarking.com
Contact Name: Stephen Smith
Business Sector: Breakdown Recovery
Business Description: The ultimate fleet solution – 50 years of trading – a testament to our reliability. Fleet solutions by fleet owners for fleet owners – we'll get you moving, NOW!
- 40 Business Innovation & Enterprise at Barking & Dagenham College**
Barking & Dagenham College, Dagenham Road, Romford RM7 0XU
Tel: 020 8090 3020 ext. 7175
E-mail: jeanette.griffin@barkingdagenhamcollege.ac.uk
Website: www.barkingdagenhamcollege.ac.uk
Contact Name: Jeanette Griffin
Business Sector: Education and Training
Business Description: Boost business by booking a FREE Training Needs Analysis and ensure that your team has the right skills for success.

- 49 Capitol Image**
8A Midas Business Centre, Wantz Road, Dagenham RM10 8PS
Tel: 020 8592 9229 E-mail: deb@capitolimage.co.uk
Website: www.capitolimage.co.uk
Contact Name: Debbie Hillyer
Business Sector: Large Format Print & Display
Business Description: Producers of large format graphics for marketing and exhibition displays. Specialists in creating innovative 3D displays and cardboard cut outs.
- 50 CEME**
Marsh Way, Rainham, Essex RM13 8EU
Tel: 020 8596 7050 E-mail: info@ceme.co.uk
Website: www.ceme.co.uk
Contact Name: Alistair Scott
Business Sector: Conference & Business Training Centre
Business Description: World class business conference and meeting campus situated in the heart of East London close to both Canary Wharf and the M25.
- CEME Gateway to Investment**
Marsh Way, Rainham, Essex RM13 8EU
Tel: 020 8596 5157 E-mail: jenny.clay@ceme.co.uk
Website: www.ceme.co.uk
Contact Name: Jenny Clay
Business Sector: Business Support
Business Description: Helps small businesses access a variety of forms of finance to enable them to grow and increase their performance. These include FREE specialist advice, workshops, seminars and on-going advisor support.
- 21 Charter Security PLC**
Cambridge House, Cambridge Road, Barking IG11 8NR
Tel: 020 8507 7707 E-mail: sales@charter-security.co.uk
Website: www.charter-security.co.uk
Contact Name: Claire Lambert
Business Sector: Security Services
Business Description: Charter Security, established for over 30 years, offers an extensive range of Security Services in London and the South East.
- 22 Dagenham & Redbridge Football Club**
Victoria Road, Dagenham, Essex RM10 7XL
Tel: 020 8592 1549 E-mail: info@daggers.co.uk
Website: www.daggers.co.uk
Contact Name: Michael Hopkins
Business Sector: Sport and Leisure
Business description: Local football league community club with excellent advertising and hospitality opportunities together with banqueting and conference facilities – www.daggers.co.uk

54 Deadfit
45 Hulse Avenue, Barking
Tel: 07515 673 440
Website: google local/ personal trainers
Contact Name: Sara Jacobs
Business Sector: Private and corporate fitness
Business Description: Deadfit specialist in private and corporate fitness training dynamic, inventive, making you and your employees zest with energy.

Decorum

Starting Point, 16 Pickering Road, Barking IG11 8PG
Tel: 020 8507 1797 E-mail: decorumweddingsandevents@gmail.com
Website: www.decorumweddingsandevents.com
Contact Name: Jacqueline Oite
Business Sector: Events
Business Description: Complete venue decoration service for all events including balloon displays, floral arrangements plus much more to transform your venue.

42 Direct Trade UK
147 Rainham Road, Rainham, Essex RM13 7RB
Tel: 01708 524 888 E-mail: sales@directtradeuk.com
Contact Name: Jason Bakal
Business Sector: Printed and Embroidered Products
Business Description: Direct Trade your one stop shop for your printed & embroidered garments, PPE, Banners, pop-up's, site boards and safety signs.

23 East London Business Place
16 Heron Quays, Canary Wharf, London E14 4JB
Tel: 0207 537 6480 E-mail: glen.addis@elbp.co.uk
Website: www.elbp.co.uk
Contact Name: Glen Addis
Business Sector: Business Support
Business Description: East London Business Place – Ideally positioned to improve your business competitiveness and marketability in todays challenging economic climate.

43 Enterprise
Enterprise House, Pondfield House, 100 Wantz Road, Dagenham, Essex RM10 8PP
Tel: 0208 984 4000 E-mail: roger.lowe@enterprise.plc.uk
Website: www.enterprise.plc.uk
Contact Name: Roger Lowe
Business Sector: Infrastructure and Repairs and Maintenance
Business Description: Enterprise maintain the infrastructure for a number of local government and other social housing providers by providing frontline services, asset management and community support.

29 Envirosend

3 The Courtyard, 48 New North Road, Exeter EX4 4EP

Tel: 01392 667 766

Website: www.envirosend.co.uk

Contact Name: Alastair Banks, Kristen Sousa or Charlie Martin

Business Sector: Marketing & Communications

Business Description: Envirosend is an easy-to-use, web-based e-mail marketing system that allows you to create, target, send and measure direct marketing campaigns.

F1 Driver Ltd

103 Mariners Way, Maldon, Essex CM9 6YX

Tel: 07724 823 758 E-mail: info@f1driverlimited.co.uk

Website: www.f1driverlimited.co.uk

Contact Name: Paul Bridgeman

Business Sector: Corporate Entertainment & Promotional

Business Description: F1 simulators/show-cars available for hire as entertainment, promotions, exhibitions and photo shoots. Experience what it takes to be a racing driver.

44 Federation of Small Businesses

Tel: 01253 336 000 E-mail: keith.brown@fsb.org.uk

Website: www.fsb.org.uk

Contact Name: Keith Brown

Business Description: The FSB has 200,000 members nationally and offers a range of services for businesses.

58 Fix Auto Dagenham

429 - 431 Rainham Road South, Dagenham, Essex RM10 8XE

Tel: 020 8592 6111 E-mail: dagenham@fixauto.com

Website: www.fixauto.com/dagenham

Contact Name: Paul Cunningham

Business Sector: Automotive Repair

Business Description: Award winning, kitemark approved all make accident repair centre servicing drivers in East London and Essex.

27 & 28 Garrods of Barking

Abbey Wharf, Kingsbridge Road, Barking, Essex IG11 0BD

Tel: 020 8594 0224 E-mail: info@garrods.com

Website: www.garrods.com

Contact Name: Jeffrey Reynolds

Business Sector: Manufacturing

Business Description: London based for 300 years, Garrods makes original galvanised dustbins in many sizes/colours for interiors in exclusive world markets.

52 Gateway to London

Quay House, Admirals Way, London E14 9XG
Tel: 0207 868 1480 E-mail: scawston@gtlon.co.uk
Website: www.gtlon.co.uk
Contact Name: Shannon Cawston
Business Sector: Inward Investment
Business Description: Gateway to London is the single point of contact for business opportunities and relocation advice in London Thames Gateway.

10 Glenny LLP

Glenny House, 56 Longbridge Road, Barking, Essex IG11 8RW
Tel: 020 8591 6671 E-mail: info@glenny.co.uk
Website: www.glenny.co.uk
Contact Name: Leanne Lawrence
Business Sector: Commercial Property Services
Business Description: Glenny LLP provides comprehensive property services, including property search, letting, acquisition, disposal, valuation, property management, architecture, building consultancy, and energy management.

72 Global Action Plan

9 – 13 Kean Street, London WC2B 4AY
Tel: 020 7420 4422 E-mail: ellen.dobbs@globalactionplan.org.uk
Website: www.globalactionplan.org.uk
Contact Name: Ellen Dobbs
Business Sector: Sustainability / Business Support
Business Description: An award-winning charity offering free environmental business support to SMEs in London through our ERDF-funded programme.

20 Hands on Skills Training Ltd

82 River Road, Barking, London IG11 0DS
Tel: 020 8591 8500 E-mail: info@handsonskills.co.uk
Website: www.handsonskills.co.uk
Contact Name: Alex Galway
Business Sector: Training (Construction & Utilities)
Business Description: Hands on Skills Training is a provider of training and assessment services in Health & Safety, Construction and utilities – based industries.

Havering Chamber of Commerce and Industry

Suite 2, 3rd Floor, Rainham House, Manor Way, Rainham RM13 8RE
Tel: 0845 270 3332 or 01708 843 4343 E-mail: alex@gddesignandprint.co.uk
Website: www.hcci.org.uk or www.havering.gov.uk
Contact Name: Alex Armstrong
Business Description: Regeneration Team from Havering, a London Borough together with Havering Chamber of Commerce and Industry promoting Havering for Business

19 Havering College of Further & Higher Education
Ardleigh Green Road, Hornchurch, Essex RM11 2RR
Tel: 01708 462 800 E-mail: employerenquiry@havering-college.ac.uk
Website: www.havering-college.ac.uk
Contact Name: Roy Gander, Samm Plumb & Nigel Hogg
Business Sector: Education
Business Description: Providing access to an unrivalled range of courses. These can be tailored to meet the needs of individuals and employers and delivered in College or in the workplace, in a flexible and supportive way, to ensure achievement.

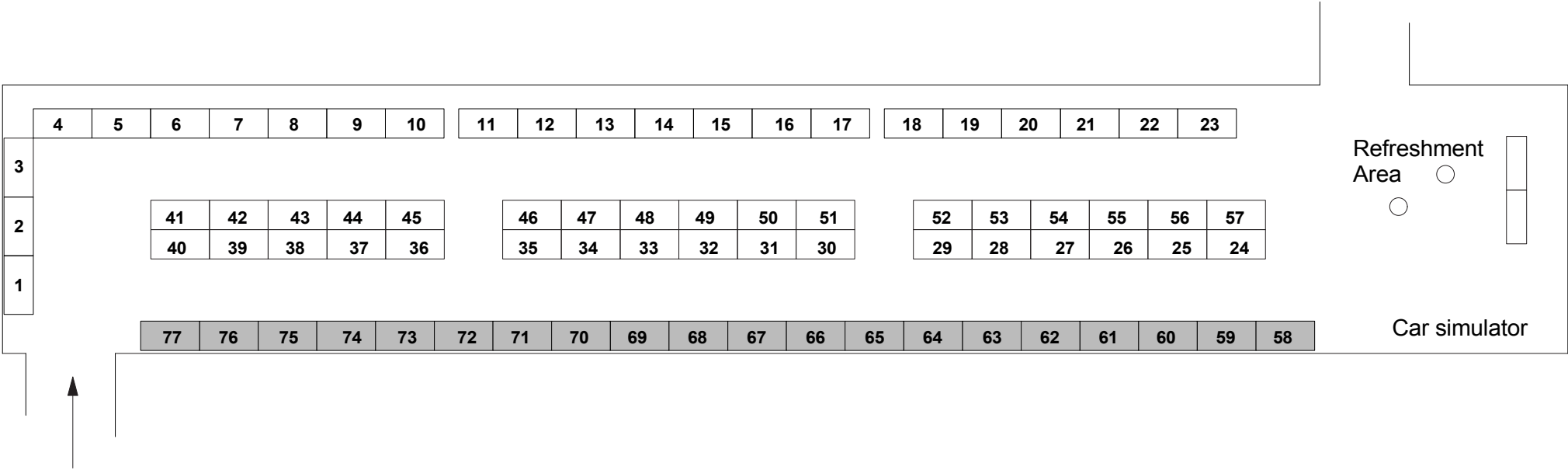
46 Integrating Solutions Limited
13 River Road Business Park, River Road, Barking, Essex IG11 OEA
Tel: 020 8911 3780 E-mail: info@isldigital.com
Website: www.isldigital.com
Contact Name: Graham Fisk
Business Sector: Office Equipment
Business Description: Integrating Solutions Limited (ISL) supply and maintain the full range of Sharp and Kyocera multi-functional photocopiers and printers.

45 John F Hunt Group
Europa Park, London Road, Grays, Essex RM20 4DB
Tel: 01375 366 766 E-mail: stephen.merrell@johnfhunt.co.uk
Website: www.johnfhunt.co.uk
Contact Name: Stephen Merrell
Business Sector: Demolition, Plant and Generator Hire
Business Description: Demolition, plant hire, tool hire, power services, generator hire, concrete cutting, asbestos management, Thameside lifting, Putney and wood stone masonry.

3 Kingston Smith – HR Insight
Orbital House, 20 Eastern Road, Romford RM1 3PJ
Tel: 01708 759 759 E-mail: rsurman@kingstonsmith.co.uk
Website: www.kingstonsmith.co.uk
Contact Name: Bob Surman
Business Sector: Business Services
Business Description: Kingston Smith are local accountants with a wide range of supporting services to business. HR Insight are a HR consultancy providing constructive solutions to HR issues.

33 & 34 Lewis and Graves Partnership LLP
83a Morley Road, Stratford E15 3HF
Tel: 020 8519 9990 E-mail: info@lewis-graves.co.uk
Website: www.lewis-graves.co.uk
Contact Name: Mark Graves
Business sector: Specialist Cleaning Services
Business Description: We formed in 1985 turning over £10 million offering diverse cleaning/support services to Bank of England, Westminster Council, Schools & Colleges.

Winning Business in East London Area



ENTRANCE TO EXPO

32 Lewis Day Transport PLC

12th Floor, Crown House, Cambridge Road, Barking 1G11
Tel: 020 7510 4400 E-mail: claire.mullarkey@lewisday.co.uk
Website: www.lewisday.co.uk

Contact Name: Claire Mullarkey/ Steve Purkiss

Business Sector: Courier

Business Description: Whether you want something delivered round the corner, throughout the UK or across the world, Lewis Day Transport is here to help, with offices in Barking and across the country.

75 Liddell and Company

20 Balgores Square, Gidea Park, Romford, Essex RM2 6AU
Tel: 01708 775 999 E-mail: rallen@liddell-solicitors.co.uk
Website: www.liddell-solicitors.co.uk

Contact Name: Richard Allen

Business Sector: Solicitors

Business Description: Liddell and Company are Solicitors offering a wide range of legal advice and support services to businesses and individuals.

Lloyds TSB PLC

182 Main Road, Gidea Park, Romford, Essex RM2 5JA
Tel: 07725 068 814 E-mail: heather.oram@bb.lloydstsb.co.uk
Website: www.lloydstsb.com

Contact Name: Heather Oram

Business Sector: Banking

Business Description: We're able to offer the support, guidance and funding you need to help keep your business running smoothly.

53 London Borough of Barking and Dagenham

3rd Floor, Maritime House, 1 Linton Road, Barking IG11 8HG
Tel: 020 8227 5315 E-mail: david.harley@lbbd.gov.uk
Contact Name: David Harley

Website: www.boldanddynamic.co.uk

Business Sector: Business Support

Business Description: The London Borough of Barking & Dagenham co-ordinates a package of business support for businesses within the borough in order to support the growth of the local economy.

30 & 51 London Southend Airport

London Southend Airport Co. Ltd, Southend Airport, Southend on Sea,
Essex SS2 6YF

Tel: 01702 608 100 E-mail: rebecca.jones@stobartair.com

Website: www.southendairport.com

Contact Name: Rebecca Jones

Business Sector: Aviation

Business Description: London Southend Airport is a long-established regional airport for South East Essex and is the Eastern Gateway to London.

- 64 McLean Credit Management Services Ltd (MCMS)**
115 George Lane, South Woodford, London E18 1AB
Tel: 07805 010 226 or 020 3137 6300 E-mail: info@mcmsltd.com
Website: www.mcmsltd.com
Contact Name: Suzette McLean
Business Sector: Credit Management
Business Description: MCMS takes the hassle out of getting you paid quickly. Offering practical and effective solutions to your cash flow problems.
- 39 Mailing Guy Ltd**
58c North Woolwich Road, London E16 2AA
Tel: 020 7474 6630 E-mail: sales@mailingguy.co.uk
Website: www.mailingguy.co.uk
Contact Name: Wanye Nugent
Business Sector: Direct Mail / Litho & Digital Printing/ Graphic Design
Business Description: Mailing Guy is a leading provider of Marketing Service from direct mail, graphic design and print offering comprehensive packages to fit within any marketing budget.
- 65 Margaret Daly, Marketing Consultant**
4 Saxham Road, Barking, Essex IG11 7XP
Tel: 020 8507 7794 / 07961 102 259 E-mail: margaret@margaretdaly.co.uk
Website: www.margaretdaly.co.uk
Contact Name: Margaret Daly
Business Sector: Marketing
Business Description: A highly creative, collaborative marketing and communications service which strengthens brands, builds competitive edges, raises company profiles and drives profit.
- 13 Mobile Chargers**
84 Woodward Road, Dagenham, Essex RM9 4SS
Tel: 07544 932192 E-mail: dmaybanks@ntlworld.com
Contact Name: Darren Maybanks
Business Sector: Digital Advertising
Business Description: Digital advertising on mobile phone charging stations.
- 70 Newco Products**
Bridge Road Depot, Abbey Road, Stratford, London E15 3LX
Tel: 020 8534 1497 E-mail: michael.figg@newham.gov.uk
Contact Name: Mike Figg
Business Sector: Kitchens, Doors & Windows
Business Description: Social Enterprise. Manufacturers of Kitchens, Doors & Windows.

- 71 NHS and LBBD – Working Together for Health**
90 Public Health, Room 18, Town Hall, 1 Town Square, Barking IG11 7LU
Website: www.lbdd.gov.uk
Contact Name: Linda Bailey
Business Sector: Health & Social Care
Business Description: Improving work place health is a priority for the council and NHS in Barking and Dagenham.
- 55 Orsett Hall Hotel**
Prince Charles Avenue, Orsett RM16 3HS
Tel: 01375 893 092 E-mail: nic@orsetthall.co.uk
Website: www.orsetthall.co.uk
Contact Name: Nicola Haynes
Business Description: Orsett Hall is a four star hotel equipped to the highest standards making us the perfect venue for any conference or event.
- 62 Pegasus Personnel Consultancy**
Maron House, Kiln Rise, Garden House Lane, Rickingham, Suffolk IP22 1EA
Tel: 07760 178 070 E-mail: albert.peters@btinternet.com /
hr@pegasuspersnnel.co.uk
Website: www.pegasuspersnnel.co.uk
Contact Person: Albert Peters
Business Sector: Human Resources Consultancy
Business Description: A committed business to business human resources service offering employment and training advice ensuring employee issue resolutions.
- 18 Peter James Motor Group**
Bull Corner, Rainham Road South, Dagenham, Essex RM10 8YT
Tel: 020 8592 3887 E-mail: peter.harris@peterjamesgroup.co.uk
Website: www.peterjamesgroup.co.uk
Business Sector: Automotive
Business Description: Bosch car service centre and kitemark accredited bodyshop. Officially approved by trading standards. MOT and diagnostic specialists, savings of up to 50% over main dealers.
- 8 Piece of Cake**
59 Bentry Road, Dagenham, Essex RM8 3PA
Tel: 020 8595 6705 / 07740 519 409 E-mail: info@pieceofcake.uk.com
Website: www.pieceofcake.uk.com
Contact Name: Victoria Hornby
Business Sector: Bakery and Confectionary
Business Description: All cakes are tailor made to your requirements. Aiming to provide quality service at affordable prices with a professional touch. We also give group and one-to-one cake baking and decorating classes.

68 Planet Hire Limited

Unit 5 io Centre, 59 - 71 River Road, Barking, Essex IG11 0DR
Tel: 0845 230 1234 E-mail: malcolm.a@planethire.co.uk
Website: www.planethire.co.uk
Contact Name: Malcolm Ashley
Business Description: Planet Hire can supply the latest equipment and manage your entire AV/IT requirement at your Exhibitions or events.

16 & 17 Premier Print & Promotions Ltd

Premier House, Threshelfords Business Park, Inworth Road, Feering, Essex CO5 9SE
Tel: 01376 574 686 / 01376 574 682
E-mail: aaron@premierpandp.com / gaynor@premierpandp.com
Website: www.premierpandp.com
Contact Person: Aaron Desmond/Gaynor Mansworth
Business Sector: Promotional Merchandise, Print and Design
Business Description: One of the UK's top ten distributors of inspirational promotional merchandise, print and design.

35 Prontaprint Barking

Unit 7, Rippleside Commercial Estate, Barking, Essex IG11 0RJ
Tel: 020 8924 0600 E-mail: sales@prontaprintbarking.com
Website: www.prontaprintbarking.com
Contact Name: Sominder Panesar
Business Sector: Printing
Business Description: Commercial printers trading for over 25 years. We have on-site capability for Litho, Digital & Large format printing. In addition, we can print onto CD's, T-Shirts and make signs using our own in-house design team.

41 Radisson Blu Hotel - London Stansted Airport

Waltham Close, London Stansted Airport, Essex CM24 1PP
Tel: 01279 661 012 E-mail: joanne.phillips@radissonblu.com
Website: www.radissonblu.co.uk / www.hotel-stanstedairport.com
Contact Name: Joanne Phillips
Business Sector: Hospitality
Business Description: The only hotel directly linked to London Stansted airport. With 500 bedrooms, 26 meeting rooms and rail links to London.

7 Raj Consultancy Ltd – Chartered Certified Accounting

27 Sowrey Avenue, Rainham, Essex RM13 7LX
Tel: 01708 502 999 / 07751 448 213 E-mail: info@rajconsultancy.co.uk
Contact Name: Jaimal Chandarana
Business Sector: Accounting, taxation & business advice
Business Description: Accounting, taxation, business advisors and part time financial controller services.

- 14 Recognition Express Romford**
Fortis House, 160 London Road, Barking IG11 8BB
Tel: 01268 282 058 E-mail: colin@re-romford.co.uk
Website: www.re-romford.co.uk
Contact Name: Colin White
Business Sector: Branded merchandise/ Promotional items
Business Description: Providers of branded and promotional business products and clothing - offering unparalleled choice, value & quality to businesses, clubs, local authorities, schools & charities.
- 77 Recorder and Post Newspapers**
Media House, 539 High Road, Ilford, Essex IG1 1UD
Tel: 020 8478 4444
Business Description: Published by Archant London, the award winning Recorder and Post Newspapers serve local communities across East London and Essex.
- 9 Remploy Electronics**
Long Reach Road, Barking, Dagenham IG11 0JW
Tel: 020 8507 5820 E-mail: gerald.young@remploy.co.uk
Website: www.electronics.remploy.co.uk
Contact Name: Gerald Young
Business Sector: Contract Manufacturing
Business Description: Electronic contract manufacturing business employing and training disabled people.
- 37 Rich Visions**
Suite 1, 63 Broadway, Stratford, London E15 4BQ
Tel: 020 8555 2200 E-mail: faith@richvisions.co.uk
Website: www.richvisions.co.uk
Contact Name: Mavis Amankwah
Business Sector: Marketing and PR Consultancy
Business Description: Rich Visions delivers effective marketing, PR and communications solutions to enable organisations to engage with diverse and hard to reach communities across the UK.
- 5 Roof Limited**
The Granary, 80 Abbey Road, Barking IG11 7BT
Tel: 020 8709 1777 E-mail: sdrury@rooff.co.uk
Website: www.rooff.co.uk
Contact Name: Steve Drury
Business Sector: Construction
Business Description: Roof are a 100 year old main building contractor and property developer with a reputation for quality and service.

15 Safety Assured

Innovation House, 385 Chepstow Avenue, Hornchurch, Essex RM12 6AU

Tel: 01708 855 777 E-mail: kerry@safetyassured.com

Website: www.safetyassured.com

Contact Name: Kerry McBride

Business Sector: Safety

Business Description: Manufacturer / Supplier of Door Finger Protector®. The preferred choice of schools, authorities & businesses. Preventing door finger trappings since 1995.

31 Sanders Solicitors

18 - 20 Broadway, Rainham, Essex RM13 9YW

Tel: 08443 353 3553 E-mail: sanderssolicitors.co.uk

Website: www.sanderssolicitors.co.uk

Contact Name: Hui Fong Chen

Business Sector: Legal Services

Business Description: Offering expert legal advice and assistance on all areas of conveyancing, litigation, matrimonial, family, employment, wills, probate and criminal matters.

57 & 24 Sanofi

Rainham Road South, Dagenham, Essex RM10 7XS

Tel: 020 8919 3290 E-mail: mark.bass@sanofi.com

Website: www.sanofi.co.uk / www.sanofi.com

Contact Name: Mark Bass

Business Sector: Pharmaceutical Manufacturing

Business Description: Sanofi is one of the worlds leading pharmaceutical companies and has been associated with Dagenham for over 75 years.

56 Savills

Savills Commercial Limited, 20 Grosvenor Hill, Mayfair, London W1K 3HQ

Tel: 020 7409 8123 E-mail: gebrown@savills.com

Website: www.savills.com

Contact Name: Graham Brown

Business Sector: Property Advisors

Business Description: Savills provide market leading planning, leasing, sales and investment advice to occupiers, developers and investors worldwide.

67 Shred 4 Security

5 Perry Road, Witham CM8 3YZ

Tel: 01376 505 089 E-mail: ian@shred4security.com

Website: www.shred4security.com

Contact Name: Ian Jewell

Business Sector: Confidential Waste (Shredding of)

Business Description: Secure destruction of confidential waste certification provided to complete audit trail.

- 36 Simply Loos**
Unit 43, Freshwharf Estate, Highbridge Road, Barking, Essex IG11 7BG
Tel: 020 8532 7878 E-mail: info@simplyloos.co.uk
Website: www.simplyloos.co.uk
Contact Name: Ruth Napp
Business Sector: Construction / Event / Service
Business Description: Portable toilets, luxury toilet trailers, waste tank empties and water refills all provided within the southeast area.
- 1 Softlink Solutions Ltd**
Foundry Place, Witham Road, Tolleshunt Major, Maldon, Essex CM9 8JT
Tel: 0845 094 0010 E-mail: nicola@softlinksolutions.co.uk
Website: www.softlinksolutions.co.uk
Contact Name: Nicola Trivett
Business Sector: I.T. Services
Business Description: We offer the best IT solutions, providing unrivalled reactive, proactive support ensuring your IT is working as it should.
- 25 SOG Ltd**
Heath Business and Technical Park, Runcorn, Cheshire WA7 4QX
Tel: 07901 556 557 E-mail: john.lewis@sog.ltd.uk
Website: www.sog.ltd.uk
Contact Name: John Lewis
Business Sector: Scientific FM, Specialist Consultancy, Property Management
Business Description: SOG offers a wide range of specialist scientific FM Services, property management and specialist consultancy.
- 4 Symons & Gay LLP**
91a South Street, Romford, Essex RM1 1PA
Tel: 01708 744 211 E-mail: office@symons-gay.co.uk
Website: www.symons-gay.co.uk
Contact Name: Christine Ring
Business Sector: Solicitors
Business Description: Symons & Gay LLP are a family firm of solicitors in Romford celebrating 100 years in business, trading from the same site in South Street.
- 47 The Christmas Decorators**
355 Rush Green Road, Romford, Essex RM7 0NJ
Tel: 01708 753 597 or 07872 468 956 E-mail:
trevor@thechristmasdecorators.com
Website: www.christmasdecorators.com
Contact Name: Trevor Grinsted
Business Description: The Christmas Decorators is a service that designs and installs external and internal festive displays, just ask Christmas Trev.

- 76 The Royal Bank of Scotland**
Charrington House, Bishops Stortford, Herts CM23 2EN
Tel: 01279 653 275 M: 07808 328 563 E-mail: colin.moulder@rbs.co.uk
Website: www.rbs.co.uk/business
Contact Name: Colin Moulder
Business Description: At RBS we are as passionate as you are about realising your business ambitions. We understand that this means different things to each business, with priorities ranging from survival to growth.
- 38 Tower Hamlets College Access to Finance Support Programme**
George Green Building, 155 East India Dock Road, London E14 6DA
Tel: 020 7001 2788 E-mail: business.support@tower.ac.uk
Website: www.employer-services.co.uk
Contact Name: Terry Jolly
Business Sector: Business Support
Business Description: Free support for businesses needing finance to grow. Helping you to find the funds for your business.
- 11 Unique Office Solutions Ltd**
56 - 58 Peregrine Road, Hainault IG6 3SZ
Tel: 020 8500 2121 E-mail: mbullman@unique-group.co.uk
Website: www.unique-group.co.uk
Contact Name: David Blair/Mike Bullman
Business Sector: Office, Reception, Education and Library Furniture
Business Description: Designer: Manufacture, consultation and planning of office, reception educational and library furniture products. Complete in house turn key solutions.
- 66 Wetton Cleaning Services Ltd**
Wetton House, 278 - 280 St. James's Road, London SE1 5JX
Tel: 020 7237 2007 E-mail: sales@wettions.co.uk
Website: www.wettions.co.uk
Contact Name: Wetton Cleaning Services Ltd
Business Sector: Facilities Services
Business Description: We provide a facilities service including building cleaning, grounds maintenance, window cleaning, janitorial supplies and estate cleaning.
- 12 Yield Construction Ltd**
CEME Innovation Centre, Marsh Way, Rainham RM13 8EU
Tel: 020 8596 5070 E-mail: simon@yieldconstruction.co.uk
Website: www.yieldconstruction.co.uk
Contact Name: Simon Fordham
Business Sector: Construction...Retrofitting and Fit-Outs
Business Description: With over 50 years combined experience in the construction finishing's sector YPC Finishings is your partner to retrofit the UK.

Organisers

Anglia Business Resources Ltd

36 High Street, Great Baddow, Essex CM2 7HQ

Tel: 07515 911 911 E-mail: jamie@abr-ltd.com

Website: www.abr-ltd.com

Mr. Jamie Banks

Barking & Dagenham Chamber of Commerce

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Ms Mary Clements

Tom Higgins Design

14 Blythwood Gardens, Stansted Mountfitchet, Essex CM24 8HG

Tel: 01279 817 517 E-mail: tamsin@tomhiggins.co.uk

Website: www.tomhiggins.co.uk

Ms Tamsin Higgins



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